



Assignment 1: Getting Started and The Wheel of Life

Partner Family Name: _____

Date: _____

1. How does everyone in the family communicate about appointments and meetings?
 - a. Is there a need for a family calendar?
 - b. Did you add the Habitat education meetings to your calendar, or e-Calendar in your phone with reminders set, etc.?

2. How many hours of sweat equity do you plan to complete each week/month? What day(s) of the week will work best for you? (For example: 150 hours are required in 1 year or less, which means 12.5 hours per month, which is at least 3 hours per week per adult family member).

3. Describe any obstacles or fears to completing sweat equity:

List how you could address any obstacles/concerns:

4. What does Sweat Equity mean?

5. Review the Strike System section of the Partner Family Program Handbook.

Give an example of how you might receive a strike:

Matched Savings Account Information

Date applied for matched savings account: _____ Initials: _____

What is your target savings amount (for closing costs)? \$ _____

In 6 months? _____

In one year? _____

Do you plan on continuing a savings program after you purchase your home?

How much per month? \$ _____

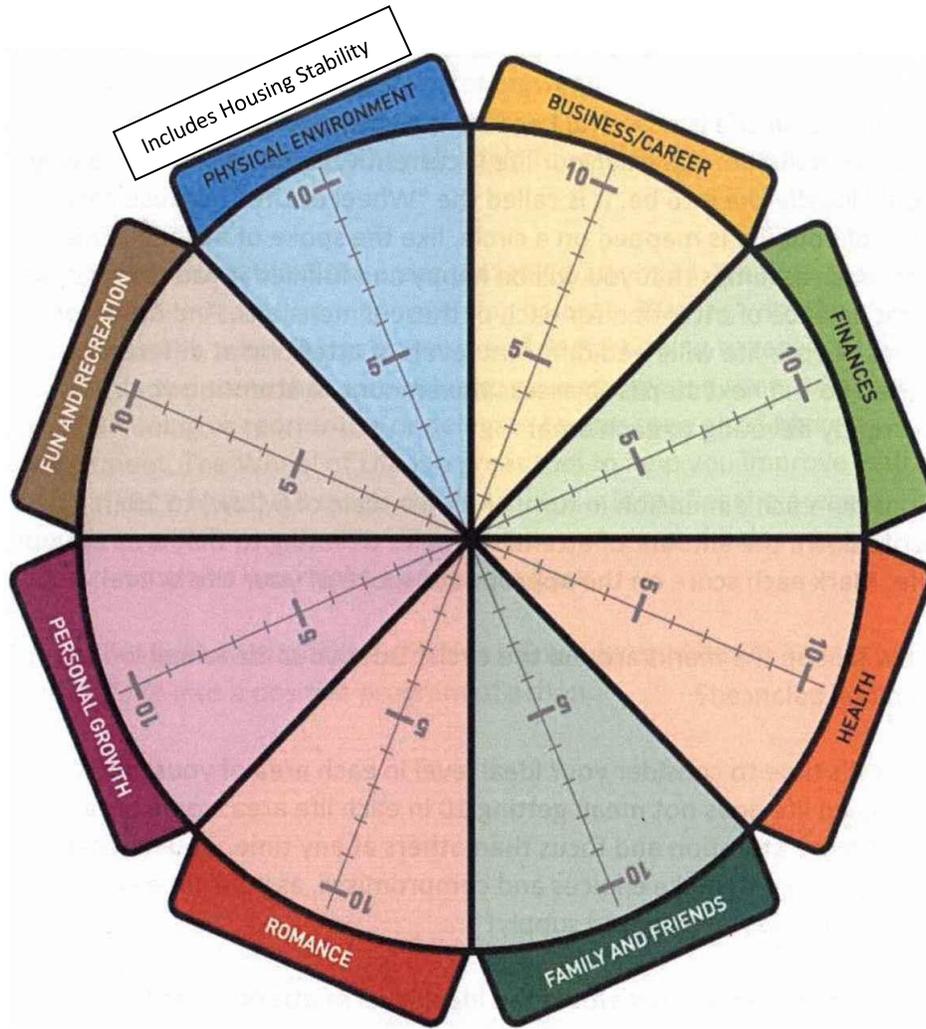
On the following page you will find a "Wheel of Life". The eight sections in the Wheel of Life represent different aspects of your life. Seeing the center of the wheel as 1 and the outer edges as 10, rank your level of satisfaction or success in each life area by drawing a straight or curved line to create a new outer edge.

The categories should together create a view of a balanced life. If necessary you can split category segments to add in something that is missing, or re-label an area to make it more meaningful for you.

Examples of changes are:

1. **Family and Friends:** Split "Family and Friends" into separate categories.
2. **Significant Other:** Changing the category name to "Dating", "Relationship" or "Life Partner".
3. **Career:** Changing the category name to "Motherhood", "Work", "Business" or "Volunteering".
4. **Finances:** Changing the category name to "Money", "Financial Security" or "Financial Wellbeing".
5. **Health:** The category name could be split or changed to "Emotional", "Physical", "Fitness", "Spiritual" or "Wellbeing".
6. **Home Environment:** The category could split or change to "Work Environment" for career or business clients.
7. **Fun & Leisure:** The category name could change to "Recreation"
8. **Personal Growth:** The category name could change to "Learning", "Self-Development" or "Spiritual"

Wheel of Life



Regarding Your Wheel of Life:

- Are there any surprises for you?
- How do you *currently* spend time in these areas?
- How would you *like* to spend time in these areas?
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During your time in the Habitat Partnership Program we will specifically spend time addressing and improving the Physical Environment and The Finances section of the Wheel.

You can also choose to set some goals in the other areas during a later goal setting assignment, if you desire.

